Measles is circulating

- We're seeing measles in Birmingham
- Measles is extremely infectious and can be serious
- Anyone over 1 year of age needs to have the MMR vaccine
- Ask for the <u>free</u> vaccine from your family doctor (GP) if you, or your children, haven't had 2 doses already
- If you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. STAY AWAY from GP surgeries and A&E departments – you could spread the illness to others
- Symptoms include: high fever; sore red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the first symptoms
- · Go to nhs.uk for more measles information

