



OLD MILL SURGERY PREGNANCY INFORMATION

This leaflet contains useful information about your pregnancy care



Antenatal Care Referral

You can self refer your pregnancy to George Eliot Hospital using:

<https://www.badgernotes.net/SelfReferral/CareLocation/georgeeliot>

Medication

Information available at <https://www.nhs.uk/pregnancy/>

- If you are on regular medicines you will need to have these reviewed by the doctor or pharmacist to ensure they are safe to take during pregnancy.
- You will need to be on Folic Acid for at least the first 3 months of pregnancy.
- You will also require Vitamin D for the duration of the pregnancy, with a few exceptions.
- Before taking any medicine, check with your pharmacist, midwife or doctor that it is safe to do so during pregnancy.
- Pregnant women are entitled to free NHS prescriptions. Please enquire about the form required.

Vaccinations

More information is available on <https://www.nhs.uk/pregnancy/>

Every pregnant woman is encouraged to have the flu and whooping cough vaccines. The flu jab protects you and your baby. Pregnant women have a higher chance of developing severe complications if they catch the flu, particularly in the later stages of pregnancy.

The whooping cough vaccination protects the baby until its first set of vaccinations. This is given between weeks 20-32 of pregnancy.

Please book an appointment with our practice nurse as soon as you reach 20 weeks pregnant. Flu can be booked between Oct-March. Please call the practice if you do not receive your invite.

Emergencies *(e.g. abdominal pain, vaginal bleeding)*

- Our local Early Pregnancy Assessment Unit is based at George Eliot Hospital at the A+E department. (Open 8AM-1PM MON-FRI) 02476 865 570
- -University Hospitals Coventry and Warwickshire EPU (Open 24/7) 02476 967 000
- Maternity Triage at George Eliot Hospital can be reached at 024 7686 5246.

Other Information

Maternity leave forms (MatB1) can be completed by the midwife of doctor after week 20 of pregnancy.

Pregnancy Care Planner

Before You Become Pregnant-

- <https://www.nhs.uk/pregnancy/trying-for-a-baby/trying-to-get-pregnant/>
- <https://www.nhs.uk/pregnancy/trying-for-a-baby/planning-another-pregnancy/>

Your Pregnancy and Labour -

- <https://www.nhs.uk/pregnancy/week-by-week/>

You and Your Baby

- <https://www.nhs.uk/conditions/baby/caring-for-a-newborn/what-you-will-need-for-your-baby/>
- <https://www.nhs.uk/pregnancy/labour-and-birth/after-the-birth/early-days/>

General Pregnancy Topics

- <https://www.nhs.uk/pregnancy/support/feelings-and-relationships/>
- <https://www.nhs.uk/pregnancy/labour-and-birth/what-happens/tips-for-your-birth-partner/>
- <https://www.nhs.uk/pregnancy/finding-out/maternity-and-paternity-benefits-and-leave/>

USEFUL CONTACTS -

OLD MILL SURGERY: 024 76382554

cwicb.oldmillsurgery@nhs.net (Routine Enquiries Only)

George Eliot Hospital

Maternity Triage 02476 865 246

Community Midwives 02476 865 022

Early Pregnancy Assessment Unit 02476 865 570

Patient Advice & Liaison Service 02476865550

Refuge (domestic abuse support) 0800 2000 247

Drug and Advisory Service 0800 652 5898 *(over 18's only)*

British Pregnancy Advisory Service 0845 730 4030

Family Planning Association 0845 122 8690

Useful Websites:

oldmillsurgery.gpsurgery.net

Nhs Choices - www.nhs.uk/conditions/pregnancy-and-baby/